

# PARENTAL ACADEMIC EXPECTATION

Children's perception on whether their parents are confident in their ability to do well in school.

My parents are confident that I can get good results in maths!

## WHY IS IT IMPORTANT?

Studies have shown that positive parental academic expectation has a positive impact on children's....



Motivation

i can  
DO  
THIS

Beliefs about  
their own  
competency



Academic  
Achievement



Well-  
being



## WHAT'S MORE?

Children were **most confident** when **BOTH** of their perceived **parental and teacher expectations** were high!

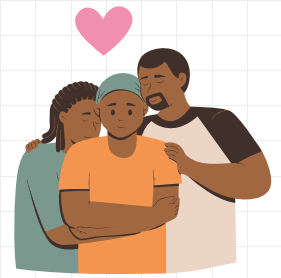
# WHAT SHOULD I DO?



Communicate your expectations to your child & convey your confidence in their ability to do well in school



Avoid unrealistic expectations that can lead to excessive pressure



Make sure your child knows you care for them regardless of their grades



## MORE TIPS



When your child has received good grades, praise them for their **effort** (e.g., you have studied hard for your exam and shown improvement, I am proud of you) rather than intelligence (e.g., you are so smart!).



If your child performed poorly, **acknowledge their feelings** (e.g., disappointment), provide your **honest feedback** (e.g., why they did not do well), and be **constructive** (e.g., explore ways to improve together).



Instead of comparing their performance with their peers' or relatives', encourage your child to focus on whether they have **improved** based on **their past performance or personal goals**.



**Listen to your child** about how they think or feel about their performance, their academic goals, and how they plan to reach them. **Express your confidence and support** to help them achieve their goals.



Work closely with your child's teachers to convey a **positive and consistent expectation message** to your child.